

Spring 2016 Open Gym Schedule

This schedule is subject to change without notice due to programming, special events or other Montgomery County Recreation program needs and requirements. This schedule covers April through mid-June. We recommend calling a center to confirm their programs are on as scheduled.

Basketball

Bauer Drive: **240-777-6922**

Adult – 18+	Thursday	8:15pm – 9:45pm
Youth – 17 & Under	Monday – Thursday	2:30pm – 5:45pm
Senior – 55+	Tuesday	9am – 11:30am
Senior – 55+	Thursday	9am – 12pm

Coffield: **240-777-4900**

Adult – 18+	Mon., Tue. & Thurs.	12pm – 2pm
Adult – 18+	Wednesday & Friday	12pm – 3pm
Adult – 18+	Wednesday	6pm – 8:45pm
Youth – 17 & Under	Monday - Friday	3pm – 6pm
Family	Saturday	9:30am – 6pm

Damascus: **240-777-6930**

Adult – 18+	Monday	7:30pm – 8:50pm
Adult – 30+	Tuesday	7:15pm – 8:50pm
Adult – Women's	Tuesday	6:15pm – 7:15pm
Youth – 17 & Under	Monday – Friday	2:45pm – 5:45pm
Family – All Ages	Saturday	10am – 3pm

East County: **240-777-8090**

Adult – 25+	Tuesday	6pm – 9pm
Adult – 18+	Monday – Thursday	11:30am – 1:30pm
Adult – 18+	Wednesday	6pm – 9pm
Youth – 17 & Under	Monday – Friday	3pm – 6pm

Germantown: **240-777-8095**

Adult – 18+	Monday	6pm – 9pm
Adult – 18+	Saturday	12pm – 2:45pm
Adult – 18+	Sunday	12pm – 2:15pm
Youth – MS & HS	Mon., Wed. & Thurs.	3pm – 5:45pm
Youth – MS & HS	Friday	3pm – 4:45pm

Lawton: 240-777-6855

Adult – 18+	Mon., Tue., Wed. & Fri.	12pm – 3pm
Adult – 18+	Tuesday	6pm – 9pm
Adult – 18+	Saturday	3pm – 5pm
Youth – 17 & Under	Monday – Thursday	3pm – 6pm
Youth – 17 & Under	Friday	3pm – 5pm
Youth – ES/MS	Saturday	10am – 12pm
Youth – HS	Saturday	12pm – 3pm

Long Branch: 240-777-6965

Adult – 18+	Monday – Thursday	7:30pm – 9:30pm
Adult – 18+	Monday – Friday	11am – 3pm

Longwood: 240-777-6920

Adult – 18+	Tue, Wed. & Thurs.	6pm – 9pm
Adult – 18+	Saturday	3pm – 5pm
Youth – Ages 6-12	Monday & Wednesday	3pm – 6pm
Teen – Ages 11-17	Tuesday & Thursday	3pm – 6pm
Teen – Ages 11-17	Saturday	1pm – 3pm
Family	Saturday	11am – 1pm

Mid County: 240-777-6820

Adult – 18+	Monday & Thursday	6pm – 8:45pm
Adult – 18+	Saturday	3pm – 6:45pm
Youth – 17 & Under	Monday – Thursday	2:30pm – 6pm
Youth – 17 & Under	Friday	2:30pm – 5:30pm
Youth – 17 & Under	Saturday	1pm – 3pm

Plum Gar: 240-777-4919

Adult – 18+	Monday & Wednesday	12pm – 2:30pm
Adult – 18+	Tuesday	12:30pm – 2:30pm
Adult – 18+	Thursday	1:30pm – 2:30pm
Adult – 18+	Thursday	6:15pm – 8:50pm
Adult – 18+	Friday	1pm – 2:30pm
Adult – 18+	Saturday	10am – 11:30am
Youth – 17 & Under	Monday – Thursday	2:30pm – 4:30pm
Family	Saturday	2:30pm – 4pm

Potomac: 240-777-6960

All Ages	Monday – Wednesday	2:30pm – 5:55pm
All Ages	Thursday	3pm – 4:55pm
All Ages	Thursday	8pm – 9pm
All Ages	Friday	12pm – 4:45pm
All Ages	Sunday	1pm – 5pm
Senior – 55+	Wednesday	12pm – 1:30pm

Praisner: 240-777-4970

Adult – 18+	Monday & Wednesday	6:30pm – 8:50pm
Adult – 18+	Tues., Wed. & Fri.	12pm – 2:30pm
Youth – 17 & Under	Monday – Thursday	2:30pm – 6:30pm
Youth – 17 & Under	Friday	2:30pm – 5:30pm
All Ages	Saturday	10am – 2:50pm

Scotland: 240-777-8075

Adult – 18+	Monday – Thursday	6pm – 8pm
Adult – 18+	Saturday	1pm – 3pm
Youth – 17 & Under	Monday – Friday	2pm – 6pm
Youth – 17 & Under	Saturday	10am – 1pm

Upper County: 240-777-8077

Adult – 18+	Monday – Thursday	12pm – 2:30pm
Adult – 18+	Monday & Wednesday	8pm – 10pm
Youth – 17 & Under	Monday – Thursday	2pm – 4pm
Youth – 17 & Under	Friday	2pm – 3:30pm
Youth – 17 & Under	Monday & Wednesday	6pm – 8pm
Youth – 17 & Under	Thursday	6pm – 7pm
Family	Saturday	11am – 5pm

White Oak: 240-777-6940

Adult – 18+	Monday – Friday	10am – 2pm
Adult – 18+	Monday & Thursday	6pm – 8:45pm
Youth – ES & MS	Monday – Friday	3pm – 4:30pm
Youth – 17 & Under	Monday – Friday	4:30pm – 6pm
Family	Sunday	12pm – 3:45pm

Wisconsin Place: 240-777-8088

Adult – 18+	Wednesday	5pm – 9pm
Adult – 18+	Saturday	3pm – 5pm
Youth & Adult	Monday – Friday	12pm – 3pm
Youth – 18 & Under	Monday – Thursday	3pm – 5pm
Youth – 18 & Under	Friday	3pm – 4:30pm
Family & Youth	Saturday	12pm – 3pm

Badminton**Bauer Drive: 240-777-6922**

Adult – 18+	Tuesday	6pm – 9:45pm
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Coffield: 240-777-4900

Adult – 18+	Thursday	6pm – 8:45pm
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Damascus: 240-777-6930

All Ages	Thursday	6pm – 8pm
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East County: 240-777-8090

Adult – 18+	Thursday	6pm – 9pm
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Germantown: 240-777-8095

Adult – 18+	Thursday	6pm – 8:45pm
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Lawton: 240-777-6855

Adult – 18+	Thursday	6pm – 9pm
Adult – 18+	Sunday	1pm – 2pm

Mid County: 240-777-6820

Adult – 18+	Tuesday	6pm – 8:45pm
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Plum Gar: 240-777-4919

Adult – 18+	Monday	6:15pm – 8:50pm
Family	Saturday	11:30am – 1pm

Potomac: 240-777-6960

Ages 12 – Adult	Saturday	2pm – 5pm
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Praisner: 240-777-4970

Adult – 18+	Tuesday	6:30pm – 8:30pm
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Upper County: 240-777-8077

Family	Tuesday	6pm – 9:30pm
Family	Saturday	9am – 11am

White Oak: 240-777-6940

Adult – 18+	Wednesday	6pm – 8:45pm
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Wisconsin Place: 240-777-8088

Adult – 18+	Saturday	9:30am – 12pm
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Volleyball

Bauer Drive: 240-777-6922

Adult – 18+	Wednesday	8:15pm – 9:45pm
Seniors – 55+	Monday & Wednesday	10:30a – 12:30p

Coffield: 240-777-4900

Adult – 18+	Tuesday	6pm – 8:45pm
Seniors – 55+	Thursday	9:30am – 12pm

Damascus: 240-777-6930

All Ages	Monday	6:15pm – 7:15pm
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Germantown: 240-777-8095

Adult – 18+	Wednesday	6pm – 8:45pm
Adult – 18+	Sunday	2:30pm – 4:45pm

Lawton: 240-777-6855

Adult – 18+	Monday	6pm – 9pm
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Mid County: 240-777-6820

Adult – 18+	Wednesday	6pm – 8:45pm
Seniors – 55+	Friday	12pm – 2pm

Plum Gar: 240-777-4919

Adult – 18+	Tuesday	6:15pm – 8:50pm
Family	Saturday	1pm – 2:30pm

Potomac: 240-777-6960

Ages 12 – Adult	Sunday	9:30am – 11:30am
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Praisner: 240-777-4970

Adult – 18+ Thursday 7pm – 9:30pm

Upper County: 240-777-8077

Family Thursday 7pm – 9:30pm

White Oak: 240-777-6940

Adult Sunday (Aux Gym) 12pm – 3:45pm
Seniors – 55+ Monday 10:30am – 1:30pm

Wisconsin Place: 240-777-8088

Adult – 18+ Tuesday 5pm – 9pm

Table Tennis

Bauer Drive: 240-777-6922

Adult – 18+ Tuesday & Thursday 8:25pm – 9:45pm

Coffield: 240-777-4900

Senior – 55+ Wednesday & Friday 12pm – 3pm

Lawton: 240-777-6855

Adult – 18+ Thursday 6pm – 9pm

Long Branch: 240-777-6965

Adult – 18+ Thursday 7:30pm – 9:30pm

Praisner: 240-777-4970

Adult – 18+ Tuesday 6:30pm – 8:30pm

Tiny Tots/Li'l Ones

Coffield: 240-777-4900

Li'l Ones (parent led) Mon., Wed. & Fri. 9:30am – 11am

East County: 240-777-8090

Li'l Ones (parent led) Tuesday 10:30am – 12pm

Lawton: 240-777-6855

Tiny Tots – 5 & Under Tuesday & Thursday 10:30am – 12pm

Longwood: 240-777-6920

Li'l Ones (parent led) Wednesday & Thursday 10am – 12pm

Mid County: 240-777-6820

Tiny Tots – 5 & Under Monday & Wednesday 10am – 11am

Praisner: 240-777-4970

Li'l Ones (parent led) Mon., Thurs. & Fri. 10:30am – 12pm

White Oak: 240-777-6940

Li'l Ones (parent led) Tuesday & Thursday 10am – 2pm

Wisconsin Place: 240-777-8088

Tiny Tots – 5 & Under Monday & Wednesday 9:30am – 12pm

Floor Hockey**Coffield: 240-777-4900**

Adult – 18+ Monday 6pm – 8:45pm

Pickle Ball**Bauer Drive: 240-777-6922**

Seniors – 55+ Monday 12:30pm – 2:15pm

Seniors – 55+ Friday (Outdoor – warm weather) 9am -11am

Damascus: 240-777-6930

Seniors – 55+ Tuesday & Thursday 10am – 12pm

Seniors – 55+ Saturday (Social Hall) 10am – 12pm

East County: 240-777-8090

Seniors – 55+ Friday 12:30pm – 2:30pm

Lawton: 240-777-6855

Seniors – 55+ Thursday 12:30pm – 2:30pm

Long Branch: 240-777-6965

Seniors – 55+ Wednesday 10:30am – 12pm

Longwood: 240-777-6920

Seniors – 55+ Tuesday 10am – 12pm

Seniors – 55+ Thursday 12:30pm – 2:30pm

Plum Gar: 240-777-4919

Seniors – 55+	Wednesday	6:15pm – 8:50pm
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Potomac: 240-777-6960

Seniors – 55+	Tuesday	11am – 2pm
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White Oak: 240-777-6940

Seniors – 55+	Tuesday	6:30pm – 8:45pm
Seniors – 55+	Thursday	10:30am – 12:30pm
Seniors – 55+	Thursday (Aux Gym)	6:30pm – 8:45pm